**Summary**

Empathetic and analytical Psychology student at Governors State University. Seeking to apply a strong understanding of human behavior, research methods, and data analysis to a professional role in human resources, social services, or academic research.

**Education**

**Bachelor of Arts in Psychology** | Expected May 2025

Governors State University | University Park, IL

* *Relevant Coursework:* Research Methods, Statistics for the Behavioral Sciences, Developmental Psychology, Abnormal Psychology, Social Psychology, Cognitive Psychology

**Associate of Science in Business Administration** | May 2023

Joliet Junior College | Joliet, IL

**Experience**

**Research Assistant** | September 2024 – Present

GSU Psychology Department | University Park, IL

* Assisted a faculty member with a research project on adolescent social development, including data collection and survey administration.
* Analyzed qualitative and quantitative data using statistical software (e.g., SPSS) to identify trends and patterns.
* Contributed to the preparation of a research paper, performing literature reviews and formatting citations.

**Peer Mentor** | June 2024 – August 2024

GSU Student Services | University Park, IL

* Provided one-on-one guidance and support to new students, helping them acclimate to university life and academic expectations.
* Utilized active listening and problem-solving skills to address student concerns and connect them with appropriate campus resources.
* Facilitated small group workshops on study skills and time management.

**Projects**

**"Impact of Social Media on Well-being" Capstone Project** | April 2024

University Park, IL

* Designed and executed a research project to investigate the relationship between social media usage and self-reported well-being among college students.
* Collected and analyzed data from a sample of 100 students, utilizing statistical analysis to draw conclusions.
* Wrote a comprehensive research paper detailing the methodology, findings, and implications of the study.

**Organizations**

**President** | September 2023 – Present

GSU Psychology Club | University Park, IL

* Organized and led club meetings, fostering discussions on topics ranging from career paths in psychology to mental health advocacy.
* Coordinated with the Counseling Center to host a guest speaker series on stress management for students.

**Skills**

* **Research & Analysis:** Research Methods, Statistical Analysis (SPSS), Data Interpretation, Qualitative and Quantitative Research
* **Interpersonal:** Active Listening, Empathy, Counseling Skills, Conflict Resolution, Team Collaboration
* **Communication:** Technical Writing, Report Writing, Public Speaking, Presentation Skills
* **Software:** Microsoft Office Suite, Google Workspace, SPSS